

Reproductive Health Issues for Women Over 40

Satellite Conference
Wednesday, April 14, 2004
2:00-4:00 p.m., Central Time

Women over 40 tend to have significantly more reproductive health issues to manage than women who are younger. This occurs because the woman's body, specifically the ovaries, stop producing adequate estrogen. Health issues for women over 40 include selecting the right contraceptive method, hormone therapy, and the management of such problems as pelvic relaxation, osteoporosis and dysfunctional uterine bleeding. It is important to be proactive about these health issues as there is much you can do as a clinician to promote positive health and decrease one's risk of developing many health problems as women get older. This program will cover some of the most important reproductive health issues affecting women over 40.

FACULTY:

Sarah Freeman, PhD, RN, CS, FNP
Emory University Regional Training Center
Atlanta, Georgia

OBJECTIVES:

- Discuss the health risks in relation to contraception.
- List the contraceptives appropriate for women over 40.
- Discuss the benefits, risks and alternatives to hormone therapy.
- Discuss the management of pelvic relaxation, osteoporosis and dysfunctional uterine bleeding in women over 40.

ISSUES OR QUESTIONS YOU WANT ADDRESSED DURING THIS CONFERENCE?

Email (alphtn@adph.state.al.us) or fax (334-206-5640) the conference faculty. They will respond during the program.

UPCOMING PROGRAMS:

Tuberculosis: Past, Present and Future
Friday, April 16, 2004
2:00-4:00 p.m., Central Time

**Implementing Self-Management Education:
Successes and Challenges in Arthritis**
Tuesday, April 20, 2004
12:00-3:00 p.m., Central Time

For a complete listing of programs, www.adph.org/alphtn

CONFERENCE DETAILS:

Target Audience: Nurses and Social Workers

Registration: www.adph.org/alphtn

Cost: No cost to view

CEU's: Nurses and Social Workers (pending)

Satellite Coordinates: C & Ku Band

Conference Materials: Posted on our website
approximately one week before the program

Questions: alphtn@adph.state.al.us or 334-206-5618